



I have always got your back!

www.therareworldofficial.com









This freebie belongs to:

My Rare Best Friend

www.therareworldofficial.com









Congratulations dear warrior, For taking this first step!

Trust me, I have been there. Exactly in this very same place Where you are today.

I truly appreciate your strength and bravery!

I know, I exactly know how it feels to be in your shoes.

Your job rejections, or to be more precise, your job searching process is tiresome.

I get that.

Those times when you cannot get things done on time, you feel terrible.

I get that.

Those helpless looks that people gift you with, you hate them all.

And, I get that.







But despite all of these, you still have the courage to fight against odds. I get that.

I hear to those silent tears, I understand.

I hear to your inner voice that is constantly reminding you of your abilities.

I know that you want to get some help.

Forget about getting some help, I know you want to be of some help.

Here, I am! Exactly telling you how to do the same.







You can get some help this way, As well as be of some help too!

It's a win-win situation for both this way:)

Don't delay anymore.

If you miss out on this, I am sure you are missing out on something that is of high value.







1. Don't be hesitant to share your story on social media.

You are an epitome of strength, resilience and bravery.
I want you to remember that.

You never know how many doors might open for you once you decide to stand up for yourself and accept yourself.





2. Once you are active or atleast present in the social media, please use the right hashtags.
In every post that you post, please make sure to use your hashtag of the rare disease/disability/chronic illness.

For example,
here I advocate for
Granulomatosis With Polyangiitis,
it was also formerly called
Wegeners Granulomatosis.
It is a form of vasculitis.

So I make sure to use these hashtags in my posts. #wegenersgranulomatosis #granulomatosiswithpolyangiitis #vasculitis.

I hope you understood my intention.
That way people can reach out to you on searching for those hashtags.







- 3. Build a healthy community in social media.
- 4. Get in touch with the organizations across the world that work for your disability/illness.
- 5. The Internet is today's era.
 Make sure to reach out to start-up
 companies whose help you might need to
 make your life easier.
- 6. Start and design your own digital products.







7. Make sure to keep your treating doctors in touch. Get their E-mail Id's and keep them informed about your health updates.

8. I cannot stress this enough.
Take care of your mental health.
Build a community for mental health.
Make sure to add me too!:)
We can definitely support each other.
We are in this together.







I can't wait to read your story.

10. You have a friend today.
That's me.
I want you to remember that.

I am ready to help you all as much as I can.
In all ways that I can.

At the end of the day, I am only human. There is only so little that I can do.

Still, I would love to walk your journey with you. I want to be your friend, please make me one.







Lastly, If you feel stuck at any point of time, if you feel unloved or confused write to me at therareworldofficial@gmail.com.

I always have your back.
I'm so proud of you already!
Remember I am always here for you!

Love, Your best friend. Shyamala:)





Im so proud of you, Warrior!

